

The Lake View

Lake Pinehurst Association Newsletter

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April 2016

Fred Nuenighoff – Editor



Spring Has Arrived

- **President's Message**
- **Lake Management**
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- **Healthy Recipes**

President's Message: Tom Reedy 295-2674 wreedy1@nc.rr.com

Spring is here and the lake looks beautiful. I see many people already enjoying the recreational opportunities the lake provides. I believe we will have a lovely summer and lots to do on the lake.

I would like to remind all our members of two important things we must all do to protect and preserve the health and beauty of Lake Pinehurst.

First, we must all participate in the weed management program to keep hydrilla under control. Letters and invoices will be mailed to all lakefront properties by the Pinehurst Resort in May. Checks must be sent to the Resort. This is not an item that can be billed to your member account. We need full participation of all lakefront properties, the five condo complexes and

the Pinehurst Resort. When someone chooses not to participate, it places increased financial burden on the rest of us. Please go to this web address to see more information on hydrilla in North Carolina published by NC State University.

<http://www.weedscience.ncsu.edu/aquaticweeds/hydrilla.PDF>

Second, Canada geese present a health hazard to the lake and surrounding properties. Please do not feed them. They will become dependent on humans for food, their population will increase, and, ultimately, they will have to be removed from the lake for human health reasons. The Village has passed an ordinance that prohibits feeding Canada geese and they will enforce it if we see anyone feeding the geese.



Lastly, we have had reports of items missing from backyards or from our boats over the past couple of months. Please check your yards and boats and make sure all is in place. If anything is missing, please let me know. If you see any suspicious activity on the lake, please report it immediately to the Pinehurst police.

As always, we welcome your suggestions. You can email me directly at wreedy1@nc.rr.com.

Let's enjoy the lake to its fullest this year.

Lake Management: Debbie Smith 295-5313 classicgift@earthlink.net

We will be working with the same contractor, North Carolina Lake Management, again this year to treat the lake. The reports from the last quarter are very good and Tom Riel, our aquatic biologist that performs the actual treatments, will use the same schedule going forward for 2016. Of course in the winter months we do not see any weed growth and the cold weather actually helps keep the growth at bay. The water has to be over 65 degrees for treatment. We will have the lake treated at least twice a month starting in April through October for algae, aquatic weeds and shoreline grasses. We will have a submerged weed treatment, which requires water restriction for 10 days, 2 times a year depending on need. This treatment is essential to prevent the hydrilla from growing and spreading. We will be sending out email alerts in plenty of time so you can turn off your sprinkler systems. The 2000 carp that were added over the last 6 years has also helped with the hydrilla problem that we encountered 7 years ago.

As we go into the growing season, I would like to encourage everyone to alert their lawn care companies to please blow the cut lawn grass back towards the house instead of into the lake. This will help keep the shoreline grasses down and especially now, during the spring, it's important not to blow towards the lake since there will be a lot of grass seed put down on our lawns as well.

There have been some beaver sightings in the last month and they will cause major landscaping damage. We will always have beavers coming to our lake and to protect your landscaping put wire around the base of your shrubs, trees, rose bushes, etc at least 3 feet high. You can buy green vinyl coated wire at Lowe's Hardware. Please report any beaver activity to either Thom Mann or to me. If you see the beavers, call Thom, if you see damage email both us.



We have seen vast improvement in the quality of the lake over the last 7 years thanks to your individual participation and the resorts contributions. Please continue to support the weed control program which is a great value for only \$50 per year! It is so important to maintain a healthy lake with controlled weeds through our spraying program and the carp, not only for our enjoyment of various lake activities, but also for our property values. Even though the lake looks great now, it is because of the weed treatments that happen on a continual basis, year after year. Our participation was down in 2015 and without 100% participation, we will not have the ongoing success in controlling the various weeds. Please send in checks when you receive this invoice from Pinehurst.

Hope you have a great spring on our beautiful, healthy lake!!!

**Social: Sueson Vess (910) 420-2014 sueson@specialeats.com
Melinda Handke (630) 596-6333 melhand863@gmail.com**

The annual meeting was held on Sunday, March 6th in the St Andrews Room of the Pinehurst Resort with 108 members in attendance to listen to Jeff Sonborn, Pinehurst Village Manager speak.

The first "Raft Up" of the season will be on Sunday, May, 15th at 5:00 pm near the marina. Boat owners, invite your neighbors to join you for the party on the lake. Future Raft Ups will be scheduled on the second Sunday of the month through October.

Save the date May 17th from 5 to 7:30 pm for a Lake Pinehurst Association "Picnic in the Park" at the Timmel Pavilion in Rassie Wicker Park. More info to follow.

Sailboat races will run from mid May to October on Sundays with a start time of 3 pm. The starting line is opposite 810 Lake Forest Drive SE. All sailboats are welcome.

Government: Christy Eibel 910- 420-2503 ceibel1@me.com

January NAC Meeting

Open Village Hall and 2015 Community Survey Results Regarding Quality of Neighborhoods- *Assistant Village Manager Natalie Dean*

Assistant Village Manager Natalie Dean gave a Power Point presentation with the results of the 2015 Community Survey regarding the quality of neighborhoods. Based on the results, residents feel the most important capital improvements the village could make are more sidewalks and street lighting in the neighborhoods. Natalie presented results by neighborhood and showed that Village Acres is least satisfied. There has been consistent dissatisfaction with sidewalk availability over last three years. The same four neighborhoods (Village Acres, Lake Pinehurst, Pinehurst #6, and Monticello/Morganton) are the four that are least satisfied with both. Natalie overviewed the Street Lighting Survey that took place and the steps that were taken as a result in Village Acres which included putting in 6 new street lights. As a result, the Community Survey this past year showed that there was an improvement of satisfaction levels about Street Lighting in Village Acres.

Natalie presented the responses to our Open Village Hall topics on the website. "Providing neighborhood sidewalks" and "Increase street lighting" were two of the top five priorities of residents.

Natalie reviewed the Pedestrian Master Plan and explained that Spring Lake Drive in Village Acres would be addressed first to install sidewalks. There was discussion about possibly doing a targeted survey to those residents on Spring Lake Drive to see what they think about the implementation. John Bouldry suggested having a meeting with Village Acres residents before sidewalk goes in to prepare them.

February NAC Meeting

Practical Ways to Avoid Being a Victim of a Crime- *Police Chief Earl Phipps*

Chief Earl Phipps was introduced and he passed around "Safe and Secure" booklets which provides tips on ways to protect your identity, finances, home, and family. Chief Phipps informed the group that for four years in a row we are the safest community in North Carolina with many thanks to the Police Department, Citizen's Patrol, and Community Watch. We are currently 15% safer than we were in 2014. Part 1 crimes (murders, assaults, etc) are down and Part 2 (frauds, drugs, etc) are down 24%. Pinehurst has had a 6% increase in arrests and 42% of our crimes are solved (which is good). Most thefts are larcenies from vehicles at the hospital though there has been a recent flurry of break-ins in Village Acres with thieves stealing visible items from cars parked in driveways. Year to date, the Village is trending 60% better than last year at this time.

The biggest crimes our community needs help with are identity theft and fraud. Chief Phipps provided some examples of fraud that the Village is experiencing: Calls from IRS agents (who aren't); certified checks that are sent in the mail (that aren't real but give scammers access to bank account information); and the Jury Duty scam where a scammer asks for the person's social security number and date of birth to verify their service (and they use the info to open bank accounts and credit cards).

The Chief emphasized to be careful over the phone and to never give information out. He also explained how easy it for scammers to make it look like their call is coming from a legitimate organization but don't be fooled.

Additionally, every credit application you receive in the mail should be shredded, preferably with a confetti shredder. Garbage is public property so thieves will go through looking for information to steal your identity.

Chief Phipps indicated one of the scariest scams going around is someone calling who pretends to be from Microsoft, for example, and tells you to type in a code into your computer. If you do, this person can get access to your computer and all of your personal information but will also "blank out" your computer. Then they hold your "files" for ransom and request payment to get your computer restored. Chief Phipps said to NEVER pay the ransom.

A few other tips were offered:

- Use code words for your security questions (not real info like mother's maiden name)
- Never click on suspicious emails as they can release virus' into your computer
- Wrap credit cards in tin foil, or use protective pouches (like ones provided by AAA) to keep the contents of your wallet safe.

Chief Phipps mentioned the Anti-theft Dots program and that people are signing up to protect their belongings. He also noted that drugs are in Pinehurst and if you notice suspicious activity in your neighborhood such as excessive car traffic to a particular house, please call the police.

The discussion wound up with John Bouldry praising the Police Department for their support and service to the community. Maureen Quinn, representing #7, asked if Chief Phipps could come and speak at their HOA meeting.

Membership: Cyndie Burnett (910) 420-2337 Cyndiebe@gmail.com

Household Memberships in 2016 Directory 177

Additions after directory was printed

<u>New Members as of Mar 31</u>	<u>1</u>
Total Memberships March 2016	178

Welcome to all new and returning LPA members who live on and around the lake! Our membership is changing and the Social Committee is responding with more events for meeting and socializing with friends and neighbors.

One of the benefits of joining the LPA is the Directory. The LPA Directory provides a list of the 2016 LPA events, the current board members and their contact information, a map of the lake, boating rules and etiquette for Lake Pinehurst as well a list of all members. Please remember that this information is private, personal and confidential.

All of the Directories have been picked up, mailed, or left on your front porch. Please let me know if you have not yet received your Directory.

The new 2016 Directory was printed with a mistake in the "H" section – a column of names was repeated while another column was eliminated. The Directories that were distributed after the Annual Meeting are correct. For those who picked up a Directory at the Annual Meeting – the correction is attached so you can print it out and place it in your book. If you would prefer, there are printed labels available that you can paste over the second column. Please contact me if you would like a label and I will make sure you get one. I apologize for the mistake and the inconvenience.

Please contact me with information about a new neighbor or the sale of a house on the lake or across the street from the lake. We would like to welcome them to the neighborhood and send them an invitation to join the LPA.

Enjoy the longer days and warmer weather!

New Member:

Javier Rodriquez
625 Lake Forest Drive SE
10 Bunker Lane
Covington, GA 30014
(919) 413-6090

Email Correction for Marje DeBernard: queenmarjie@gmail.com

2016 Lake Pinehurst Association Directory Addition

Hill, Don & Mona

15 Westlake Pointe Drive
Pinehurst, NC 28374
(910) 295-2002
monahill@nc.rr.com
dhill57@nc.rr.com

Hillier, George & Lois

7 Lake Vista Lane
Pinehurst, NC 28374
(910) 295-2785
No Email

Hoch, Charles & Mary Jane (MJ)

6 Lake Pinehurst Villas
11116 Villa Trace Place
Charlotte, NC 28777
(704) 359-7170
camj_hoch@yahoo.com
mji.hoch@gmail.com

Homicz, Walter

540 Lake Forest Drive SE
Pinehurst, NC 28374
(910) 295-9249
jwhfcsp@yahoo.com

Horvath, Gene &

Barb Rogers

230 Lake Forest Drive SW
Pinehurst, NC 28374
(910) 295-4845
barbrogers@yahoo.com

Hughes, Kate &

Tony Faranetta

5 Lake Pinehurst Villas Rd
Pinehurst, NC 28374
(910) 420-1001
kmh0647@aol.com

Healthy Recipes: Sueson Vess (910) 420-2014 sueson@specialeats.com

Celebrate Moms

Honoring your mom, someone who is like a mom, or even the memory of mothers is traditionally celebrated on the second Sunday in May. I celebrate with the mothers of my grandchildren and all the amazing nurturing women in my life regardless of their child-bearing status. And I take a day off and allow others to care for and cook for me. This can be a tall order with special food needs and desires like gluten-free, dairy-free, low sugar, local... Here is a recipe for a crêpe that can be used to make a sweet or savory dish and a homemade lemon curd sweetened with honey and our incredible Sandhills' berries.



Gluten-Free/Dairy-Free Crêpes

Crêpes are so versatile. Fill them with a variety of sweet or savory fillings. Stack crêpes with a filling of your choice to create a multi-layered crêpe cake. Filled with dairy-free lemon curd and topped with fresh berries, crêpes become a perfect Mother's Day dessert.

MAKES 8-8" crêpes

- 1/2 cup gluten-free flour blend* (can also use all purpose flour)
- 1/2 cup milk or nondairy substitute
- 1/4 cup warm water
- 1 1/2 tablespoons honey or sugar
- Pinch of sea salt
- 2 large eggs
- 2 tablespoons sunflower oil or melted coconut oil
- Additional oil for cooking
- *Gluten-free flour blend:
 - 1 cup potato starch flour
 - 1 cup tapioca flour
 - 1 cup rice flour
 - 1/4 cup sweet rice flour

1. Combine all ingredients in a blender or food processor and blend until smooth. Pour batter into a pitcher, cover and refrigerate for 15 minutes to three hours. Batter will be thin.
2. Using a paper towel, wipe the inside of an 8-inch nonstick skillet or crepe pan with a small amount of oil. Place pan over medium heat.
3. Stir the batter. Pour 3 to 4 tablespoons into the pan, tilting to coat the bottom of the pan. Batter should form a very thin layer. Cook just until the top is set and the edges are slightly browned. Turn the

crepe over and cook the other side until it is lightly browned. Continue cooking the rest of the crêpes, stirring the batter occasionally. If batter becomes too thick, add additional water.

4. Stack finished crêpes until ready to serve or refrigerate or freeze for later use. Reheat wrapped crêpes in a preheated 325-degree oven for 10 minutes.

Lemon Curd

Pucker-up! This tart lemon curd is dairy-free and sweetened without processed sugar. Make this with lemon, lime, orange or a combination of your favorite citrus fruit. Enjoy lemon curd folded in a crêpe, spread on a biscuit, or as a cake or pie filling.

This curd is thickened with starch from the root of our dreaded kudzu plant. Kudzu root starch is beneficial and healing to the small intestines and is an alternative thickener to corn starch or arrowroot. Look for kudzu (kuzu) start in the Asian section of grocery or find it online.

MAKES: 2 cups

1/2 cup fresh squeezed lemon juice
1 tablespoon plus 1 teaspoon kudzu (kuzu starch or may use arrowroot or corn starch)
3 large pasture-raised eggs
1/3 cup honey (may use more to taste)
3 tablespoons coconut oil (may use ghee or butter)
Grated zest of one lemon

1. In a medium stainless steel or enamel saucepan (off the heat) combine lemon juice and kudzu starch until kudzu has dissolved and lemon juice is milky. Whisk in the eggs and honey.
2. Cook over medium-low heat, whisking continually until mixture thickens, about 5 minutes
3. Add the coconut oil, whisking to combine.
4. Remove from heat, and stir in lemon zest.
5. Refrigerate for several hours to thicken. Lemon curd will keep about one week in the refrigerator.